

Worksheet for letting your light shine



Matthew 5:16

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Self-Reflection

This section of the worksheet is designed to help you identify the things that may be holding you back from letting your light shine. It includes questions and prompts that will guide you through reflecting on your fears, doubts, limiting beliefs and strengths. By taking the time to answer these prompts, you will be able to understand what is preventing you from shining your light and what you have to work with to overcome it. This will help you in setting specific and achievable goals for letting your light shine, by knowing what you need to work on and what you have to aid you in your journey. This section of the worksheet is an important step in understanding yourself and what you need to do to let your light shine.

1. What fears, doubts, or limiting beliefs do you have that prevent you from letting your light shine?
2. How do you define "letting your light shine"?
3. What are your unique strengths and abilities that you can use to overcome obstacles and let your light shine?
4. What are some specific things that you want to manifest in your life by letting your light shine?
5. In what areas of your life do you feel you need to let your light shine the most?
6. Are there any past experiences that are holding you back from letting your light shine?
7. How can you align your thoughts, words and actions with God's word and the guidance of the Holy Spirit to let your light shine?
8. How do you see yourself letting your light shine in your personal and professional life?
9. What kind of impact do you want to make on the world by letting your light shine?
10. Are there any people or things that you need to distance yourself from to let your light shine?

It's important to note that these are just examples and the exact questions might vary from person to person, but the self-reflection process is the key to identifying the things that might be holding you back, and what you can do about it.

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Setting Goals

This section of the worksheet is designed to help you set specific and measurable goals for letting your light shine. You will be provided with prompts such as "What steps can you take to let your light shine?" This question will help you identify the action steps you need to take in order to achieve your goal of letting your light shine. Additionally, you will be prompted with "What is your deadline for achieving these goals?" This question is intended to help you set a specific timeframe for achieving your goal, so you can measure your progress and stay on track. By answering these prompts, you will be able to set clear and achievable goals for letting your light shine and have a plan in place to achieve them, which will help you to track your progress and stay motivated.

- "What steps can you take to let your light shine?"
- What specific goals do you want to achieve by letting your light shine?
- What are the action steps you need to take to achieve your goals?
- What are some potential challenges or obstacles that you may face in achieving your goals?
- How can you align your goals with your values and purpose?
- What resources or support do you need to achieve your goals?
- How will you measure your progress towards achieving your goals?
- What is your deadline for achieving your goals?
- How will you adjust your plans if you encounter any setbacks?
- What are some milestones you want to reach on your journey to achieve your goals?
- How will you celebrate when you reach your goals?

These prompts and questions are designed to help you set clear, specific and achievable goals for letting your light shine. It will help you to identify the steps you need to take, the

potential challenges, the resources needed and how to measure progress, it also includes questions to align your goals with your values and purpose, and also to celebrate when you reach your goals.

Action Steps

This section of the worksheet is designed to help you brainstorm action steps to overcome obstacles and let your light shine. It includes prompts such as "What are some practical ways you can overcome obstacles and let your light shine?" This question is intended to help you identify specific and practical ways to overcome any obstacles you may encounter on your journey to let your light shine. Additionally, you will be prompted with "What resources or support do you need to achieve your goals?" This question is intended to help you identify any resources or support you may need to achieve your goals, like a mentor, accountability partner, or a specific book or course that can help you. By answering these prompts, you will be able to create a plan of action to overcome any obstacles and achieve your goals of letting your light shine.

1. What are the most important action steps you need to take to let your light shine?
2. What are some daily habits you can incorporate to let your light shine?
3. How can you use your strengths and abilities to let your light shine?
4. What are some practical ways to overcome obstacles and let your light shine?
5. What resources or support do you need to achieve your goals of letting your light shine?
6. How can you involve others in your journey to let your light shine?
7. How can you stay accountable for taking action towards letting your light shine?
8. What are some small wins you can celebrate as you work towards your goal of letting your light shine?

9. How can you stay focused and motivated when faced with challenges?
10. How can you evaluate your progress and adjust your action steps accordingly?

These prompts and questions are designed to help you identify specific action steps you need to take to let your light shine. It will help you to identify habits to incorporate, ways to use your strengths and abilities, resources and support needed and how to stay accountable and motivated in the process. It also includes questions to evaluate progress and adjust your action steps accordingly.

Gratitude and Reflection

This section of the worksheet is designed to help you reflect on your journey and express gratitude for the progress you have made. It includes prompts such as "What have you achieved so far in your journey to let your light shine?" This question is intended to help you reflect on the progress you have made so far and celebrate your accomplishments. Additionally, you will be prompted with "What are you grateful for in your life?" This question is intended to help you focus on the positive things in your life, which can help to keep your mind and heart in a state of gratitude. By answering these prompts, you will be able to reflect on your journey and be grateful for what you have achieved so far, which can help to keep you motivated as you continue to let your light shine.

1. What have you achieved so far in your journey to let your light shine?
2. What are you grateful for in your life?
3. How has your perspective changed since you started your journey to let your light shine?

4. How has letting your light shine impacted your relationships?
5. How have you grown as a person since starting your journey to let your light shine?
6. In what ways have you seen God's hand in your journey to let your light shine?
7. What lessons have you learned on your journey to let your light shine?
8. How can you continue to cultivate a spirit of gratitude in your daily life?
9. How can you maintain a positive attitude and mindset as you continue to let your light shine?
10. How can you share your journey and the lessons you have learned with others?

These prompts and questions are designed to help you reflect on your journey, focus on gratitude, and see the progress you have made as you work on letting your light shine. They encourage you to reflect on how your perspective, relationships, personal growth and understanding of God's role in your journey has changed. It also encourages you to keep a positive attitude, mindset, and to share your journey with others.

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Bible Study and Prayer

This section of the worksheet is designed to help you incorporate Bible study and prayer into your journey to let your light shine. It includes prompts such as "What verses in the Bible can you use to overcome obstacles and let your light shine?" This question is intended to help you identify specific verses from the Bible that can provide guidance, encouragement, and strength as you work to overcome any obstacles you may encounter on your journey to let your light shine. Additionally, you will be prompted with "What specific things can you pray for in relation to letting your light shine?" This question is intended to help you focus your prayers and make them specific to your journey to let your light shine. By answering these

prompts, you will be able to gain spiritual guidance and strength through Bible study and prayer as you work towards letting your light shine.

1. What verses in the Bible can you use to overcome obstacles and let your light shine?
2. What specific things can you pray for in relation to letting your light shine?
3. How can you make Bible study and prayer a regular part of your journey to let your light shine?
4. How can you use Bible study and prayer to stay focused and motivated on your journey?
5. What are some biblical principles and teachings that can guide you as you work to let your light shine?
6. How can you apply biblical teachings to your specific situation and goals of letting your light shine?
7. How can you involve others in your Bible study and prayer related to letting your light shine?
8. How can you use journaling to reflect on your Bible study and prayer related to letting your light shine?
9. How can you find accountability and support in your Bible study and prayer related to letting your light shine?
10. How can you share the lessons you learn from your Bible study and prayer related to letting your light shine with others?

These prompts and questions are designed to help you incorporate Bible study and prayer into your journey to let your light shine. It helps you to find specific verses and principles to overcome obstacles, make it a regular part of your journey, stay focused and motivated, and also involve others in the process. It also encourages you to reflect on your Bible study and prayer through journaling, find accountability and support, and share the lessons you learned with others.

